

Place	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Power Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
2.	W	1	84	78.75	Esther Caddy	Gauteng					60.0			60.0	60.0					60.0	55.37	2.			
1.	W	2	72	69.80	Angelique Basson	Gauteng	60.0			60.0	55.0			55.0	115.0	90.0			90.0	205.0	204.34	1.			
5.	M	4	74	72.55	Greg Dixon	Gauteng	102.5			102.5	65.0			65.0	167.5	127.5			127.5	295.0	215.14	5.			
6.	M	3	74	73.55	Alfred Martins	Gauteng	55.0			55.0	55.0			55.0	110.0	100.0			100.0	210.0	151.64	6.			
1.	W	5	84	81.90	Michelle Dolphin	Gauteng	100.0			100.0	62.5			62.5	162.5	145.0			145.0	307.5	277.80	1.			
1.	M	6	66	59.45	Marcel Vorster	Gauteng	130.0			130.0	87.5			87.5	217.5	142.5			142.5	360.0	309.38	1.			
1.	M	10	74	73.50	Martin Nel	Gauteng	145.0			145.0	122.5			122.5	267.5	195.0			195.0	462.5	334.30	1.			
2.	M	9	74	71.50	Michael Wilks	Gauteng	160.0			160.0	110.0			110.0	270.0	190.0			190.0	460.0	339.25	2.			
3.	M	8	74	73.80	Willem Parker	Gauteng	142.5			142.5	85.0			85.0	227.5	152.5			152.5	380.0	273.87	3.			
4.	M	7	74	72.25	Mathew Van Niekerk	Gauteng	110.0			110.0	82.5			82.5	192.5	150.0			150.0	342.5	250.54	4.			
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Lifter on the Platform

Flight 1
Gauteng Club Competition
17/03/2012

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Side Referee _____

Chief Referee _____

Place	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ Result	BENCH PRESS			BP Result	Sub. Tot.	DEADLIFT			DL Result	Tot. Result	Wilks Points	Power Place			
							1.	2.	3.		1.	2.	3.			1.	2.	3.							
1.	M	11	83	79.85	Albert De Bondt	Gauteng	205.0			205.0	150.0			150.0	355.0	225.0			225.0	580.0	396.26	1.			
1.	M	12	93	91.60	Mark Phillips	Gauteng	245.0			245.0	150.0			150.0	395.0	250.0			250.0	645.0	408.16	1.			
2.	M	14	83	80.60	Michael Egan	Gauteng	140.0			140.0	100.0			100.0	240.0	160.0			160.0	400.0	271.80	2.			
3.	M	13	83	75.15	Francois Cronje	Gauteng	135.0			135.0	82.5			82.5	217.5	157.5			157.5	375.0	266.70	3.			
4.	M	16	83	82.65	Chris Da Costa	Gauteng	100.0			100.0	90.0			90.0	190.0	150.0			150.0	340.0	227.43	4.			
5.	M	15	83	76.70	Kobus Bester	Gauteng					135.0			135.0	135.0	200.0			200.0	335.0	235.07	5.			

Lifter on the Platform

Flight 2
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Chief Referee _____

Place	M / W	Lot	Class	BW	Name	Nation Province	SQUAT			SQ	BENCH PRESS			BP	Sub.	DEADLIFT			DL	Tot.	Wilks	Power			
							1.	2.	3.	Result	1.	2.	3.	Result	Tot.	1.	2.	3.	Result	Result	Points	Place			
1.	M	17	105	100.65	Clyde Keevy	Gauteng	<u>240.0</u>			240.0	<u>150.0</u>			150.0	390.0	<u>260.0</u>			260.0	650.0	394.49	1.			
1.	M	18	120+	125.12	Jaco Van Heerden	Gauteng	<u>200.0</u>			200.0	<u>120.0</u>			120.0	320.0	<u>250.0</u>			250.0	570.0	324.73	1.			
2.	M	19	120	117.80	Juan Booyse	Gauteng	<u>60.0</u>			60.0	<u>177.0</u>			175.0	235.0	<u>240.0</u>			240.0	475.0	274.31	2.			
2.	M	20	105	104.15	Steven De Bruyn	Gauteng	<u>160.0</u>			160.0	<u>100.0</u>			100.0	260.0	<u>205.0</u>			205.0	465.0	278.63	2.			
1.	M	21	120	105.20	Shaun Roos	Gauteng	<u>177.5</u>			177.5	<u>130.0</u>			130.0	307.5	<u>195.0</u>			195.0	502.5	300.09	1.			
4.	M	22	105	96.15	Eric Kobal	Gauteng					<u>100.0</u>			100.0	100.0	<u>170.0</u>			170.0	270.0	167.02	4.			
2.	M	23	120+	120.15	Christian Ashcroft	Gauteng	<u>50.0</u>			50.0	<u>157.5</u>			157.5	207.5	<u>235.0</u>			235.0	442.5	254.30	2.			
3.	M	24	105	102.35	Ryan Williamson	Gauteng	<u>100.0</u>			100.0	<u>35.0</u>			35.0	135.0	<u>147.5</u>			147.5	282.5	170.35	3.			
3.	M	25	120	116.05	Mathew Cosmo	Gauteng					<u>180.0</u>			180.0	180.0				180.0	104.33	3.				
	M	26	120+	129.80	Steven Le Roux	Gauteng								-----	Disq					Disq					

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Flight 3
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